

Abbotsholme Activity Days

Background

Sportastic as it was formerly known was set up over five years ago to give children who love sport and outdoor adventures, and who are aged between 5-14, the opportunity to continue to enjoy these activities during the school holidays to build on their current skills, develop new skills, have fun and make friends. Abbotsholme School and its facilities are perfect for Sportastic with areas including a Sports Hall, Playing Fields, Swimming Pool, Indoor Climbing Centre, Equestrian Centre, Dingle, River and Outdoor Adventure Space. It is run by qualified coaches who have all excelled nationally at a specific sport and who coach professionally during term time. In 2016 we introduced Forestry and Dance activities. 2017 saw a change in name for the club, now 'Abbotsholme Activity Days' due to the expansion of activity offering.

See below the variety of activities that your child could have a go at:

- Rockholme (Indoor Climbing)
- Horse Riding
- Charcoal Drawing
- Basket Weaving
- Kayaking and Rafting
- Dance
- Arts and Crafts
- Den Building
- Indoor Athletics
- Woodland Walks
- Rounders
- Netball
- Basketball
- Biking
- Team Games
- Gym
- Dance
- Cooking
- Baking
- Football
- Hockey on our new synthetic pitch
- Dodgeball
- Cinema
- Reading
- Treasure Hunts
- Cricket
- Parachute Games
- Farm Visits



Please read all about our professional coaches and their backgrounds on the next page!

Our Coaches



CLIVE JACOBS, SPORTASTIC HEAD COACH

Clive Jacobs, PE Teacher at Abbotsholme School is a high-level qualified Sports Coach in cricket, athletics and football, and has extensive experience in these fields coaching across the county, regional and national level. Clive developed Sportastic at Abbotsholme School, and delivers the initiative along with a team of experienced coaches.

Clive is the head coach at a very successful local cricket club which has teams playing at a high level from youth to adult. Clive is very passionate and motivated as regards sport. He lives and breathes sport, and believes sport is for all at any level.



MEGAN JACOBS, ASSISTANT SPORTASTIC COACH

I am a PE teacher, whose passion is sport and physical activity. I have been luckily enough to be involved in high level sport all my life. My sporting journey started when I was four years old, participating in gymnastics. My biggest achievement was being ranked in the top 10 in England and training with legendary Olga Korbut for the Beijing Olympics. The sport taught me so much at such a young age; not only was the sport extremely physically demanding, but without hard work, dedication and self-belief, goals and dreams were hard to achieve. After reaching my peak in gymnastics I sustained a serious injury and had to give up my gymnastics career. I decided to pursue athletics. I had so many amazing opportunities during my athletics seasons including representing the county for seven years, earning a Midlands vest and being ranked in the top 10 in England for the 1500m

steeplechase. I have competed at events such as the British and World trails which have been televised on Sky sports. I absolutely love coaching and teaching young people.



ALEX BRITTON, ASSISTANT SPORTASTIC COACH

I am sports graduate with an abundance of knowledge and experience in the sport industry. My main sports are football and cricket of which I have competed at professional and county levels representing teams such as Aston Villa, Derby County youth academies as well making numerous first team appearances for Burton Albion FC. I have also been selected as the Derbyshire under 19 cricketer of the year and have captained and represented the Derbyshire County Cricket representative eleven.

I have many years coaching experience from grass roots to professional sports clubs and across a wide variety of sports.

My main aim is to develop the all-round skills and abilities of children in order to help them fulfil their potential, but crucially in a safe and friendly environment whilst always putting the element of enjoyment first!